

Hope Elementary School Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Cheese Pizza Fruit/Veggies/Milk B: Cereal
4	5	6	7	8
Cheeseburger w/Fries Fruit/Veggies/Milk B: WG Banana Bread	WG Chicken/Broccoli Stromboli Fruit/Veggies/Milk B: WG Mini Bagels	Macaroni & Cheese WG Rolls/Fruit/Veggies/Milk B: Muffins w/WG Goldfish	WG Pancakes w/Sausage Fruit/Veggies/Milk B: Fruit Salad/WG Goldfish	Pepperoni Pizza Fruit/Veggies/Milk B: Cereal
11	12	13	14	15
Hot Dogs w/WG Chips Fruit/Veggies/Milk B: WG Mini Bagels	Spaghetti w/WG Rolls Fruit/Veggies/Milk B: WG Banana Bread	WG Chicken Nuggets w/Fries Fruit/Veggies/Milk B: Fruit & Yogurt Parfait	Grilled Cheese w/WG Chips Fruit/Veggies/Milk B: Muffins w/WG Goldfish	NO SCHOOL Teacher Workshop Day
18	19	20	21	22
Chop Suey w/WG Noodles Fruit/Veggies/Milk B: Cereal	WG Pepp/Cheese Stromboli Fruit/Veggies/Milk B: WG Mini Bagels	Crispy Chicken Sandwich Fruit/Veggies/Milk B: WG Banana Bread	Meatloaf & Mashed Potato WG Rolls/Fruit/Veggies/Milk B: Fruit Salad/WG Goldfish	Pepperoni Pizza Fruit/Veggies/Milk B: Cereal
25	26	27	28	29
Chicken/Broccoli/Rice Fruit/Veggies/Milk B: Muffins w/WG Goldfish	Chicken Parmesan Fruit/Veggies/Milk B: WG Cinnamon Bread	Cheese Raviolis w/WG Rolls Fruit/Veggies/Milk B: Fruit & Yoqurt Parfait	Walking Tacos Fruit/Veggies/Milk B: WG Banana Bread	Cheese Pizza Fruit/Veggies/Milk B: Cereal

Student meals are free.
Milk without a meal is \$.50
Adult meal: \$4
*WG = Whole Grain



Breakfast (B) includes protein, fruit, whole grain, and milk.
Lunch options include a choice of salad, bagel, or sandwich/entrée of the day.
Fruit, a whole grain item, veggie slices and milk are offered with all meals.
Menu is subject to change. We offer Gluten Free options.

HES is an equal opportunity provider.
Payments should be made payable to:
Hope Elementary School